

# Growing up in the west

## County Report: Roscommon

### Prevalence of substance use in young people

**48%**

of 15-16-year-olds reported being drunk more than once in their lifetime



**25%**

reported being drunk in the last month



**17%**

reported lifetime cannabis use



**3%**

reported lifetime use of ecstasy



**6%**

reported lifetime use of tranquillisers



**27%**

reported drinking in pubs or clubs



**32%**

reported drinking in the homes of friends

### Family Factors

**92%**

reported that it is rather or very easy to receive caring and warmth from their parents



**94% and 97%**

feel that their parents would disapprove strongly of them smoking or using cannabis compared to



**90%**

of parents know where their teenager spends their Saturday evenings

**68%**

often or always spend time with their parents at the weekends



**66%**

disapproving strongly of drunkenness

Teenagers whose parents are **less disapproving** of drunkenness are more than **twice as likely** to have been drunk in the last month



### Peer Group Effects

**32%**

agree somewhat or agree strongly that it is important to drink so that you're not left out of the peer group. This compares to



**25%**

thought that their friends got drunk in the last month.

This estimate compares exactly to the **25%** who reported getting drunk. The teenagers who indicated their friends got drunk were more than twice as likely to have been drunk themselves.



**15%** for smoking and **7%** for cannabis

### Extracurricular Activities



**35%**

play sports with a club or team three times a week or more.

**49%**

exert themselves physically three times a week or more



**31%**

report one hour or less of physical activity per week



Teenagers who are active in a sports club or team in Roscommon are

**less likely**

to smoke and use cannabis but slightly **MORE** likely to report drunkenness.



### General wellbeing, including school and social environment

**87%**

of participants feel safe in school and only



**6%**

reported getting on badly with teachers

**48%**



reported getting 7 hours of sleep or less

Those teenagers out after midnight were **four times** more likely to use



**43%**

reported more than 3 hours per day on social media



**71%** of boys and **55%** of girls reported their mental health as good or very good



**16%**



reported being out after midnight once or more in the last week

nearly **twice** as likely to use cannabis.